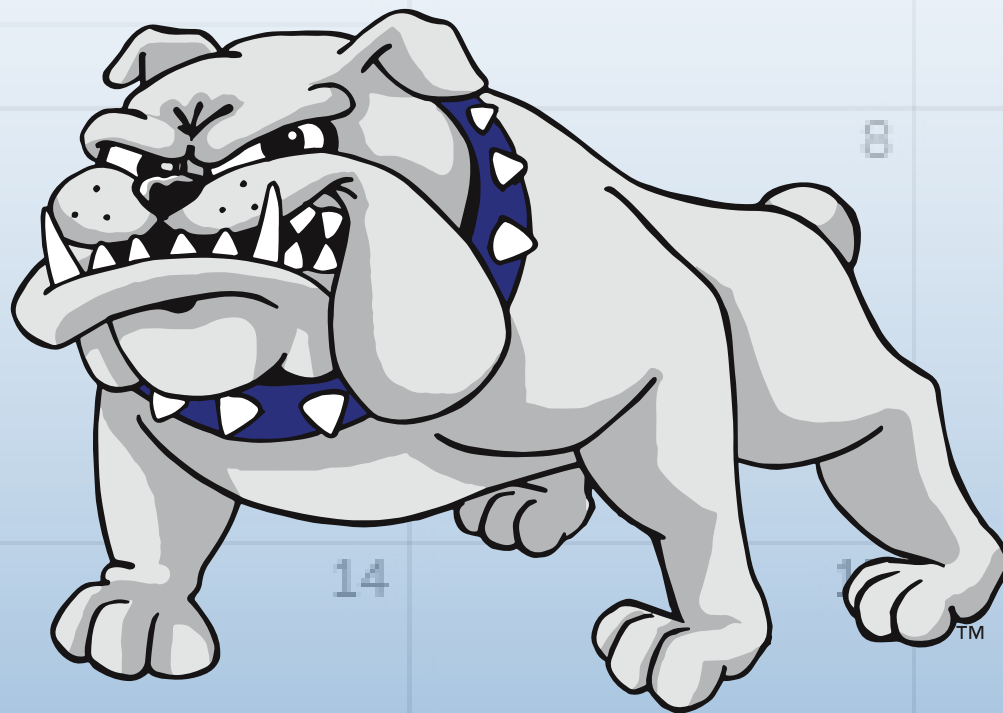


# STUDENT SERVICES

# ACTIVITIES CALENDAR



## *Spring 2025*



SOUTH  
SUBURBAN  
COLLEGE

Office of

STUDENT LIFE & LEADERSHIP

# Welcome to the Spring 2025 Semester!



South Suburban College is so excited to have you as part of our student body. Every semester there are events, activities, and workshops offered to enhance your student experience. SSC is also committed to offering opportunities to embrace diversity, equity, inclusion, and accessibility. We encourage you to take advantage of the opportunities and resources available to support your academic, personal, and professional growth. There are a variety of ways to get involved such as clubs, service learning, athletics, work-study, etc. If you are uncertain of how to get involved or get started visit the Office of Student Life and Leadership.

**Devon Powell**

**Vice President, Student & Enrollment Services**



**“Your Path, Your Input” - Enrollment Services Survey**



# Spring 2025 Activities Calendar

## Sponsored by the Office of Student Life and Leadership



### Semester Starter – A Welcome Back Table

Date: Tuesday, January 21, 2025

Time: 11:00am-1:00pm

Location: Student Mall Area

Kickoff the term with a SEMESTER SURVIVAL KIT to stay energized, organized & prioritized for success!

### Visionary Vibes, Crafting Your Future (Vision Board Workshop)

Date: Tuesday, January 28, 2025

Time: 12:00pm-1:00pm

Place: MB Financial



Join us for an inspiring Vision Board Workshop where you can bring your goals and dreams to life through creativity and focus!

### Stalking Awareness Workshop

Date: Monday, January 27, 2025

Time: 12:30pm-2:00pm

Place: Multicultural Wellness Center

### “Shaping a Peaceful Future: The Non-Violence Approach” Non Violence Presentation

Date: Wednesday, January 29, 2025

Time: 12:00pm-1:00pm

Place: PAC



To commemorate the legacy of Dr. Martin Luther King Jr., retired SSC Bulldog Mike Garth will provide insight on the impact of building safe and healthy communities through practical steps of nonviolence.

### How Love Affects Mental Health Workshop

Date: Wednesday, February 5, 2025

Time: 11:00am-12:00pm

Place: Multicultural Wellness Center

### Wear Red Day:

Date: Friday, February 7, 2025

Time: 11:00am-1:00pm

Place: Multicultural Wellness Center

February is American Heart Month. Join the MWC in wearing red on the first Friday of February in support of those who are experiencing or have a loved one with any heart ailments.

## The Power of Black Excellence: Past Present and Future: Black History Month

### Black History Month Kick-off

Date: Monday, February 3, 2025

Time: 1:00pm-1:30pm

Place: Atrium

The Office of Student Life & Leadership invites everyone to celebrate African American culture with festive music, snacks & giveaways.

### “Black To The Future”

Date: Entire Month of February

Time: Entire Month of February

Place: Atrium

The “Black to the Future” exhibit showcases the powerful journey and resilience of the Black community through key events, achievements & cultural milestones.

### Defining Moments “Black History’s Impact on the World”

Date: Entire Month of February

Please visit 2300 hallway on the 2<sup>nd</sup> floor to commemorate historical worldwide turning points.

### Bites of Knowledge “Lunch and Learn Series”

Date: Wednesday, February 13, 2025

Time: 12:00pm-2:00pm

Place: PAC

Join Student Life & Leadership to celebrate Black History Month!



## **The “Love is” Board (Healthy Relationships)**

**Date:** Week of Feb 10<sup>th</sup>, 2025

**Time:** During Business Hours

**Place:** Bulletin Board, 2<sup>nd</sup> Floor Ramp

Let's celebrate the concepts of LOVE! Students are invited to create colorful heart-shaped sticky notes to express their own interpretation of “Love”.



## **The Secret to Success**

**Date:** Thursday, February 20, 2025

**Time:** 12:30pm-2:00pm

**Place:** MB Financial

Success starts with what you do daily! Stop by to learn how to build routines that will help reach your goals.



## **Mid-Term Extravaganza**

**Date:** Wednesday, March 12, 2025

**Time:** 1:00pm-2:00pm

**Place:** PAC

Take a break from the books to enjoy a campus wide Midterm Extravaganza with food, games & prizes.

## **“Pledge to Protect” Sexual Assault Awareness Month**

**Date:** The Entire Month of April

**Time:** Campus Hours

**Place:** 2<sup>nd</sup> Floor 2300 Hallway

All students, staff & faculty are encouraged to visit the signage banner to promote awareness.



# Women's History Month

## **Women of Impact: A Legacy of Strength**

**Date:** Entire Month of March

**Time:** Campus Business Hours

Throughout campus, discover inspiring displays honoring influential women who have made a lasting impact on history, culture and society.

## **Women's Wellness Drive**

**Date:** Entire Month of March

Stop by and Donate items to the Women's Wellness Drive. Toiletry items, Cleaning supplies, baby care items, etc. All items will be donated to the ANEW Organization.



## **SSC Library Book Sale**

**Date:** April 7-11, 2025

**Place:** First floor of the Library

Calling all book lovers! In honor of National Library Week, The SSC library will host a week-long book sale in the library

## **Celebrating Financial Literacy Month: Getting To The Bag!**

**Date:** April 17, 2025

**Time:** 12:30-2:00pm

**Place:** MB Financial

To encourage taking control of your financial future, A Greater Good Foundation and The Office of Financial Aid will provide insight & resources to highlight the importance of financial readiness.



## **Voices of Experience and Perseverance: Non-Traditional Panel**

**Date:** Wednesday, April 16, 2025

**Time:** 1:00pm-2:00pm

**Place:** PAC

Embracing diversity, equity & inclusion, please join Student Life & Leadership for an inspiring discussion featuring students sharing unique educational journeys.

## **Earth Day**

**Date:** Tuesday, April 22, 2025

**Time:** 1:00pm-1:30pm

**Place:** Student Mall Area (2nd Floor)

Please support the campus wide initiative by donating recyclable items and receive a thank you gift! All contributions will be taken to the SSC Charm Center for proper processing.





## **“Financial Literacy Month” - Why the Rich get Richer !**



**Date:** Wednesday, April 23, 2025

**Time:** 12:30pm-2:00pm

**Place:** MB Financial

Come by and learn the keys to building a lifestyle of financial independence and freedom.

## **Arbor Day**

**Date:** Friday, April 25, 2025

**Time:** 12:00pm-1:00pm

**Place:** Student Mall Area

Pick up your free tree-planting starter kit! Help us grow a greener future, one tree at a time.

## **Thank- A- Veteran Card Station (National Military Appreciation Month)**

**Date:** Entire Month of May

**Time:** Business Hours of the College

**Place:** Veterans Resource Center

Please visit the Veterans Resource Center to create a special thank you.



## **Cookies and Conversation**

**Date:** Wednesday, May 14, 2025

**Time:** 1:00pm-2:00pm

**Place:** Veterans Resource Center

Come enjoy cookies, punch & chat with campus veterans. This is a great way to show appreciation for their services.

## **Bulldog Bash**

**Date:** Thursday, May 1, 2025

**Time:** 12:00pm-2:00pm

**Place:** Courtyard

Celebrate the end of the year with SSC students! Join SSC for food, fun, and exciting giveaways as we wrap up the semester together.



## **Brain Food Bar (Finals Week)**

**Date:** May 5-9, 2025

**Time:** 11:00am-12:00pm

**Place:** Student Mall Area

Stay energized for finals at The SSC Brain Food Bar! This pop-up event offers a selection of energizing & focus friendly snacks.



## **Exam Q&A With Tutors**

**Date:** Tuesday, May 6, 2025

**Time:** 12:00pm-1:30pm

**Place:** MB Financial

Students please feel free to join Student Life & Leadership in collaboration with the Academic Assistance Center for a drop-in session with tutors assisting with last minute questions at the several “subject stations”.

## **LGBTQ Pride-Pronoun Pin and Sticker Station**

**Date:** Monday, June 2, 2025

**Time:** 1:00pm-2:00pm

**Place:** Student Mall Area

Visit the pronoun and sticker station to encourage respect for personal pronouns.



## **On “My Block” (Juneteenth Celebration)**

**Date:** Wednesday, June 11, 2025

**Time:** 12:00pm-2:00pm

**Place:** Courtyard

Join SSC for “On My Block,” a Juneteenth event to reflect, learn, and rejoice. Enjoy food, engaging activities, and giveaways as we celebrate freedom and community together!



## **Wear Blue: Celebrating Men’s Health Month**

**Date:** June 13, 2025

Wearing blue is to raise awareness about men’s health issues and encourage action toward better physical and mental well-being.



# Spring 2025 Student Success Seminars

Please email [AAC@ssc.edu](mailto:AAC@ssc.edu) for the Teams Meeting ID and Passcode as well as any other questions.

## Strategies for a Successful Semester

Thursday January 23 11am – 12pm

*Presented by Rebecca Arnold, AAC Student Specialist-Rm. 2264*

New to SSC? Looking for ways to have a more successful semester this Spring? Unsure what resources may be available to you? In this in person seminar, AAC Student Specialist Rebecca Arnold will talk about several habits of highly effective students, campus resources that are available to you, and strategies to get the most out of your classes.

## Setting S.M.A.R.T. Goals

Monday January 27 1pm – 2pm

*Presented by William Radtke, AAC Manager-Rm. 2264/Teams*

Learning how to set goals for yourself is crucial to moving forward in college and in life, but a poorly Planned goal can lead to failure and frustration. Please join us for “Setting S.M.A.R.T. Goals” where we will discuss the S.M.A.R.T. goal setting method and how you can create productive goals for yourself.

## How to Manage Time Effectively

Thursday January 30 2pm – 3pm

*Presented by Roger DeSouza, Student Specialist-Rm. 2264*

So many things to do, so little time to do it! Do you find yourself in this category? If so, Join Roger DeSouza to learn about the fundamentals of time management. The myths, facts and features of time management will be explained. Please email [AAC@ssc.edu](mailto:AAC@ssc.edu) with any questions.

**Offered 4 times!**

## How to Navigate Your Online Courses

**Wednesday January 15 2pm – 3pm**

**Monday January 13 9am – 10am**

**Tuesday January 21 9am – 10am**

**Tuesday January 21 5pm – 6pm**

*Presented by William Radtke, AAC Manager-Rm. 2264/Teams*

Do you have questions about your Online or Virtual course? You aren't alone. Join us for a brief walkthrough of D2L, Bongo, and we will answer the questions you have about your online courses. This in person seminar will be held in the Academic Assistance Center (Rm. 2264) and the audio and PowerPoint Presentation will be simultaneously broadcast on Teams.

**Offered 2 times!**

## Discover SSC's Online Resources

**Monday January 13 2pm – 3pm**

**Wednesday January 15 9am – 10am**

*Presented by William Radtke, AAC Manager-Teams*

Did you know that SSC students have free access to a variety of resources including counseling, tutoring, and Microsoft 365? Come join us for a virtual presentation about all of the free resources available for registered SSC students. This seminar will be conducted over Teams.

## How to be Organized

Thursday February 6 11am – 12pm

*Presented by Rebecca Arnold, AAC Student Specialist-Rm. 2264*

Losing your assignments or notes can cause a lot of unneeded stress and extra work. This hour-long seminar will help you learn how to organize your course materials (and more!) to help you become a more successful student.

## Working with Fractions

Tuesday February 11 2 – 3pm

Tuesday April 15th 2 – 3pm

*Presented by Rebecca Arnold, AAC Student Specialist-Rm. 2264*

Working with Fractions is a seminar designed to review adding, subtracting, multiplying and dividing fractions. Whether you're looking for a general review or looking for help to study for your MTH 093 Midterm, this seminar will help you feel more confident with your fraction arithmetic.

## Study Tips and Techniques

Thursday February 20 11am – 12pm

*Presented by Rebecca Arnold, AAC Student Specialist-Rm. 2264*

Everyone has a different method of studying. What works for your friend may not work for you! It's important to know several different study techniques. During this seminar with AAC Student Specialist Rebecca Arnold, you can learn a wide variety of study tips and techniques that can help you in any course.

## The Basics of APA Citations

**Tuesday March 4 1pm – 2pm**

*Presented by William Radtke, AAC Manager-Rm. 2264*

Do you find APA citations confusing? Then you will benefit from attending this seminar where we will discuss the basics of creating in-text citations, reference lists, and formatting your APA paper correctly. In addition, we will share other helpful resources for making sure your work is properly cited.

## The Basics of MLA Citations

**Thursday March 6th 1pm – 2pm**

*Presented by William Radtke, AAC Manager-Rm. 2264*

Do you find MLA citations confusing? Then you will benefit from attending this seminar where we will discuss the basics of creating in-text citations, works-cited pages, and formatting your MLA paper correctly. In addition, we will share other helpful resources for making sure your work is properly cited.

## Basic Computer Operations

**Thursday March 27 2pm-3pm In-person**

*Presented by Roger DeSouza, AAC Student Specialist-Rm. 2264*

Technology has impacted every aspect of our lives. Those who have limited to no knowledge of computers are disadvantaged in today's job market. Join this session and learn the skills you need to hunt for jobs, attach files to emails, write cover letters, and create a resume.

**Offered 5 times!**

### Mastering Personal Statements and Recommendation Letters

**Thursday February 6 2pm – 3pm**

**Wednesday February 19 10am – 11am**

**Monday March 10th 2pm – 3pm**

**Wednesday April 9th 2pm – 3pm**

**Thursday April 10th 10am – 11am**

*Presented by William Radtke, AAC Manager-Rm. 2264/Teams*

Do you have difficulty writing personal statements? Do you dread asking for letters of recommendations for your college applications? Then please join us for our seminar and learn about strategies for creating an effective personal statement and the Do's and Don'ts of asking for letters of recommendation. This in person seminar will be held in the Academic Assistance Center (Rm. 2264) and the audio and PowerPoint Presentation will be simultaneously broadcast on Teams. This seminar will be conducted over Teams.

**Offered 4 times!**

## How to Manage Test Anxiety

**Wednesday February 5 1pm – 2pm**

**Wednesday March 5 1pm – 2pm**

**Wednesday April 2nd 1pm – 2pm**

**Wednesday May 7th 1pm – 2pm**

*Presented by William Radtke, AAC Manager-Teams*

Even the best students can become anxious while taking a test. Join us for our “How to Manage Test Anxiety” seminar where we will discuss strategies for relieving test anxiety before and during the test. In addition, we will present resources available to SSC students experiencing persistent anxiety. This seminar will be conducted over Teams.

## Factoring

**Friday May 2 11am – 12pm**

*Presented by Rebecca Arnold, AAC Student Specialist-Rm. 2264*

This in-person factoring seminar will review all the factoring methods presented in MTH 095 and MTH 097. This particular seminar is perfect for students enrolled in MTH 095 or MTH 097, who are preparing for their final exams. Please email the AAC@ssc.edu with any questions about the session.

## Maximize Your Opportunities – Attend The Scholarship Informational Session!

**Wednesday, January 22, 2025**

**1:00pm - 2:00pm**

**Kindig Performing Arts Center, Main Campus**

### Learn about:

*Navigating the Application Process*

*Financial Aid Resources*

*Crafting Strong Personal Statements*



**For more  
information,  
please contact  
the SSC  
Foundation at  
foundation@ssc.edu.**



# Student Resources

## SSC Healthy Corner

Bremen Room (Through the Cafeteria)

Monday: 11:00am-1:00pm

Wednesday: 9:00am-12:00pm

Contact Student Life and Leadership

Room# 2329 or Ext: 5737

## Housing Resources

### My Entry Point

(877)426-6515

Entry Point: Connect

Myentrypoint.org

### Respond Now

(708) 755-4357

Respondnow.org/resources

## SAP (Student Assistance Program)

800-456-6327

On Campus Contact:

Monique Mobley

Email: MMobley@ssc.edu

708-596-2000 Ext: 2511

## SSC Homelessness Liaison

Multicultural & Wellness Center

Room: 2350

## Latino Resources Center

### Centro de Recursos Latino

Monday – Friday

9:00 a.m. – 4:00 p.m.

Main Campus (Room 2363)

## Veterans Resource Center

Main Campus (Room 2363)

Monday – Friday

9:00 a.m. – 4:00 p.m.

CONTACT: (708) 596-2000, ext. 2233

VRC@ssc.edu

**SOUTH SUBURBAN COLLEGE**  
**HEALTHY CORNER**

**Pantry Reopening**  
**Date:** Monday, January 27, 2025  
**Time:** 10:00am-2:00pm  
**Place:** Bremen Room (Through the Cafeteria)  
Student Life and Leadership will be hosting a reopening for on campus food pantry. Stop by and learn about the healthy corner and community resources. The on-campus food pantry is for students to receive healthy food options. The food options is provided by the Greater Chicago Food Depository and supported by ECMC. Students must present a valid SSC student ID for access.

**Academic Assistance Center:** Rm. 2264, Ext. 2397 • AAC@ssc.edu

**College & Career Success Center:** Room 2350, Ext. 5724

**Campus Police:** Room 1215, Ext. 2235

**Clubs and Organizations:** Rm. 2329, Ext. 5737 • StudentLife@ssc.edu

**Financial Aid:** Rm. 2134, Ext. 5780 • sscfinaid@ssc.edu

**Library:** Rm. 1249, Ext. 5751 • ReferenceDesk@ssc.edu

**Math Lab:** Room 3260

**Reading Center:** Rm. 3228, Ext. 2899

**Services for Students with Disabilities Office:** Rm. 2268, Ext. 2572 • DisabilityServices@ssc.edu

**Speaking Center:** Rm. 3236, Ext. 2368

**SSC Connect:** Room 3151, ext. 2301

**SSC Circle:** Room 2333, Ext. 2361

**SSC Foundation:** Room 2134 • foundation@ssc.edu

**Transfer Center:** Rm. 2250, Ext. 5724

**Writing Center:** Rm. 3234, Ext. 2336

**Veterans Center:** Rm. 2363, Ext. 2233





# SOUTH SUBURBAN COLLEGE



## *Spirit* **WEEK**

Sponsored by the SSC Bulldog Pep Club

### **Monday 1/27**

- **Pep Rally** 2:30pm in the PAC  
to recognize all 7 SSC athletic teams
- **White Lies** Wear a white shirt, and write a white lie about yourself.

### **Tuesday 1/28**

- **Women's & Men's Basketball Games** with the **SSC Bulldog Pep Club** and **Pep Band**  
Game times 5pm & 7pm Spirit Wear — Rep any SSC spirit wear.

### **Wednesday 1/29**

- **Breakfast Snacks** 8-10am in the Great Hall of Study
- **Culture Day** — Rep any garment or flag that represents your culture.

### **Thursday 1/30**

- **SSC Hip Hop Club Dance Party** 8pm PAC lobby
- **Jersey vs. Jersey Shore** Wear a jersey or dress like you're on the Jersey Shore.  
Let's see who wins!

### **Friday 1/31**

- **Last date to submit** lyrics for a new SSC fight song to Room 4148.
- **Character Day** - Dress as your favorite character from any TV show or movie.

**Questions? Contact Kayla Hardy at**  
**[khardy106@student.ssc.edu](mailto:khardy106@student.ssc.edu)**

# Are you the next SSC Student Trustee?



SOUTH  
SUBURBAN  
COLLEGE

Office of

VICE PRESIDENT OF STUDENT  
AND ENROLLMENT SERVICES

Petitioning begins in March.

Contact the Office of the Vice  
President of Student & Enrollment  
Services via email [VPSES@ssc.edu](mailto:VPSES@ssc.edu)  
or ext. 2303.

\$1000 scholarship to the newly  
elected Student Trustee.

## This is Success.



SOUTH  
SUBURBAN  
COLLEGE



# SOUTH SUBURBAN COLLEGE OPEN GYM MONDAY & WEDNESDAY

1:00-2:00PM

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Please enter through the  
North Entrance with a  
**physical SSC ID**

*Open gym is located in the  
SSC Fieldhouse*

*Only access available  
during open gym is the  
basketball court*

*No equipment will be  
provided*

*Allowed equipment during  
open gym are basketballs  
and volleyballs*



ANY QUESTIONS PLEASE  
CONTACT THE ATHLETIC  
DEPARTMENT.  
708-596-2000 EXT.2334  
2<sup>nd</sup> level of the Fieldhouse  
[DLMartin@ssc.edu](mailto:DLMartin@ssc.edu)



[www.ssc.edu](http://www.ssc.edu)

As a reminder, please adhere to the SSC's Student Code of Conduct. Open gym will only be available until December 4, 2024.



# BOARD OF TRUSTEES



Terry R. Wells, Chairman  
*Phoenix*



Vivian Payne, Vice Chair  
*Lansing*



Janet M. Rogers, Secretary  
*Harvey*



Kevin L. Daly, Trustee  
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Anthony DeFilippo, Trustee  
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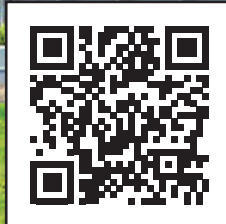


Dr. Sherelene A. Harris, Trustee  
*South Holland*



Anthony W. Williams, Trustee  
*Dolton*

Dr. Lynette D. Stokes, College President



# This is Success

